

Physical Education

Introduction

Students follow the AQA syllabus at A level. The two year course will provide students with the appropriate requirements needed

for studying sport at university. Most of our A Level students have gone on to Higher Education and pursue a career within the Sport and Leisure industry; doing a job that they really enjoy, working as a physiotherapist, as a fitness instructor, PE teacher - *the list is endless!*

Content

You will have 4 teachers – all EXPERTS in their own areas!

1. Applied anatomy and Physiology
2. Skill Acquisition
3. Sport and Society
4. Exercise Physiology
5. Biomechanical and movement
6. Sport Psychology
7. Sport and Society and the role of technology

You will have one lesson per week with each teacher on their specialist aspect of PE.

The practical is assessed in one activity in a fully competitive situation.

All practical is filmed for moderation purposes.

NEA - 30% of Final Grade
(15% coursework/15% performance)

70% will be assessed by 2, two hour theory papers.

Course Requirement

GCSE PE Grade 5 essential and Grade 6 desirable. Grade 6 in Biology is preferable. You **MUST** play a sport in your own time out of school.

Course Leader

Mr C Lilley



 **Friesland** 6TH FORM

ACHIEVING SUCCESS

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